

# DANCER-SIZE



Wednesday & Friday 9am to 10am  
MLK Recreation Center

**Classes began Wednesday January 4<sup>th</sup> and end Friday, March 2nd**

FREE CLASS – Come shed those holiday pounds with a new and exciting routine to all types of music



Instructor: Tammy Gregory

NO REGISTRATION REQUIRED: Stop in and give it a try – you have nothing to lose but extra weight!

For more information: Contact Troy Kirkendall at 740.283.6000 ext. 4000 or Tammy Gregory at 740.283.7495